



Tips on Post-Acute Care, the Transition Between Hospital and Home

With hospitals today frequently discharging patients before they are medically ready to return home, Post-Hospital Care (also called Post-Acute care or “PAC”) provides the ideal bridge between leaving the hospital and safely returning home.

Providing Continuity in High-Quality Care

Whether you’ve had an illness, injury or surgery, PAC services provide a continuation of the high quality of care that you or your loved one need after leaving the hospital. Leading PACs such as **Vernon Manor** combine the latest in rehabilitation therapies, advanced technologies and skilled doctors, nurses and therapists to assure that your care is continued in a manner that will achieve a full and speedy recovery. With detailed information from your doctor and the hospital about your condition, medical history and rehabilitation needs, your PAC team works closely with you and your family to create a plan of care that is totally customized to your unique situation and needs.

According to the article, “**Bridging Acute and Post-Acute Care**” hospitals and health systems recognize they cannot go it alone and are partnering with post-acute providers to achieve higher quality and lower costs. With quality and cost savings as key goals, forward-thinking health systems are reaching out to post-acute providers that share the same philosophy and patient-centered goals. Together, they are working toward better communication, smoother patient transfers, and a high standard of care.

Vernon Manor’s **Recover Right** post-hospital and medically complex care program provides the very best in top-quality, post-hospital rehabilitation by providing:

- New and updated hotel-style accommodations, services and amenities with brand-new wings and [completely renovated rooms](#)
- Continued investment in [state-of-the-art equipment](#), allowing us to deliver the latest advances in patient care technology
- Care by [experienced, talented and compassionate](#) professionals
- [High-quality rehabilitation care](#) that produces the best possible outcomes
- Care that achieves consistent top ratings by the nation’s leading quality analysis organizations



Experience State-of-the-Art Post-Hospital Rehabilitation and Long-Term Care at Its Best

Located in Vernon, CT, **Vernon Manor** has proudly served the communities of Hartford and Tolland Counties for nearly 40 years, earning a highly respected reputation for delivering [outstanding quality care, successful outcomes and exceptional service](#) for our patients, residents and their families. We provide a proven [rehabilitation program](#) to enable patients to continue on their path to recovery as well as compassionate [long-term care](#) for loved ones who require 24-hour nursing support.

Rebuild. Recover. Renew.

Vernon Manor's *Recover Right* Post-Hospital Rehabilitation program provides you with all the support, expertise and encouragement you need to achieve a full recovery and a speedy return home.

For more information on ***Recover Right*** Post-Hospital Rehabilitation or long-term care – or to schedule an informative tour at your convenience – please contact **Karen V. Duhamel MSN, MS, RN** our **Director of Admissions** at **(860) 896-5113** or [contact us](#) online.